### THE PARENT CHILD CENTER OF TULSA, INC.

### JOB DESCRIPTION

JOB TITLE:	Home-Based Infant Mental Health Therapist
FLSA STATUS:	Exempt (FT)
REPORTS TO:	Program Manager, Therapeutic Services
LOCATION:	1421 South Boston Tulsa, Oklahoma 74119

#### JOB SUMMARY:

The Home-Based Infant Mental Health (IMH) Therapist is responsible for delivering direct services to children birth to age 12 who are victims of crime including child abuse and neglect. This includes a special emphasis on expertise in working with children birth to 5 and their families within the Children's Treatment Program. The IMH Therapist provides services primarily in client's homes. The IMH Therapist will be exposed to conditions that are common in domestic environments including conditions of families that live in poverty. In addition to clinical responsibilities, the IMH Therapist also engages in educational training and advocacy efforts to promote prevention of child abuse and neglect within the community at large.

### PRIMARY RESPONSIBILITIES

- Provide developmental guidance, case management, child-parent psychotherapy and other appropriate services for infants and toddlers and their families. Interfaces with systems that impact the young child and family (Child Welfare, court system, school system, physicians/pediatricians, specialty service providers, etc.) in order to coordinate care and effective treatment.
- 2. Gathers salient client information through intake interviews and diagnostic assessments (using DC 0-3 and DSM-V) and formulates treatment planning in accordance with information gathered. Administers appropriate clinical assessments to track progress for agency outcome evaluation.
- 3. Utilizes videotape of client sessions and assessments for supervision and consultation within the agency and for educational purposes in training groups outside of the agency, in accordance with agency policies and procedures.

- 4. Demonstrates ability to work with culturally diverse families and to be culturally sensitive to clients.
- 5. Maintains client case records and client database files in a timely, accurate manner.
- 6. Provides training and in-services on topics that promote an understanding of infants, toddlers, and parents' needs and issues. Provides consultation to volunteers working directly with children as needed.
- 7. Maintains required records relevant to job activities and to the grants providing funds for this position.
- 8. Mentors students as assigned in coordination with the Program Manager, Therapeutic Services.
- 9. Facilitates children's therapy groups as needed.
- 10. Participates in agency Performance and Quality Improvement initiatives.
- 11. Demonstrates the agency values of compassion, respect, learning, adaptability and achievement.

## **REQUIRED QUALIFICATIONS**

- 1. Master's Degree in psychology, social work, or other related mental health field. Licensed or license eligible (under supervision).
- 2. Working knowledge of family systems, attachment, and social learning theories, the culture of poverty, as well as a strong foundation in child development.
- 3. Basic knowledge of the dynamics of child abuse and neglect and clinical skill in the treatment of those specific problems.
- 4. An ability to utilize supervision constructively and work cooperatively with other staff in the implementation of agency services.
- 5. Commitment to professional growth and development.
- 6. Skill and independence in managing a wide variety of home environments including conditions common in poverty while also delivering clinical services.
- 7. Valid Oklahoma driver's license and a car for full-time business use and good driving record.

8. Ability to lift and carry up to 10 pounds to and from car and client homes which may include apartments with stairs.

# PREFERRED QUALIFICATIONS

- Oklahoma Association for Infant Mental Health Endorsement for Culturally Sensitive, Relationship-Based Practice Promoting Infant Mental Health, Infant Mental Health Specialist (IMH-E)
- 2. Registered Play Therapist (RPT) or Registered Play Therapist Supervisor (RPT-S)
- 3. Trauma Informed Training (TF-CBT, CPP, START training, etc.)